

Cooking and Heating Instruction

* Please make sure that an internal temperature of at least 165F is achieved for all cooked products.

- **Cheese Pizza** – Preheat a oven to 350F. Place frozen pizza on a sheet pan. Cook for 18 – 26 min.
- **Bagel Dog/ Corn Dog** – Microwave: Place frozen bagel dog in a microwave and heat for 1 -2 min on high heat.
- **Taco Nada/ Fiesta Nada** – Oven: Preheat oven to 350F. Bake for 20 min. Microwave: cook on high for 2 minutes.
- **Chicken Wing/ Drumsticks** – Preheat oven to 350F. Place Frozen Chicken wings/ drumsticks in a single layer. Cook for 10-25min.
- **Spicy Chicken Slider/ Cheeseburger slider**– Preheat oven to 375F. Place frozen buns and patty separately on a sheet pan. Cook for 6-15min.
- **Bean and Cheese Burrito** – Microwave from Frozen: Oven the package and place frozen burrito in a microwave and heat for 1-2 min. Oven: Preheat oven to 300F. Place frozen burrito on a sheet pan. Cook for 16 – 23 min.
- **Grilled Cheese Sandwich**- Oven: preheat oven to 350F and cook for 18mins (frozen) or 12mins (thawed). Microwave: Open one end of the package. Place on a microwave safe plate. Microwave for 40-50 seconds.
- **Chicken Patty/ Spicy Breaded Chicken Sandwich**- Preheat oven to 375F. Place frozen buns and patty separately on a sheet pan. Cook for 6-10 min.
- **BBQ Rib Sandwich/ BBQ Pork Sandwich/ Pulled Pork Sandwich** – Microwave: Place frozen sandwich in a microwave and heat for 60 to 90 seconds on high heat.

- **Taco Stick** – Oven: Preheat oven to 325F. Place frozen taco stick on a sheet pan. Cook for 18 min. Microwave: Place frozen taco stick in a microwave and heat for 60 to 90 seconds on high heat.
- **Hamburger/ Cheeseburger** – Preheat oven to 375F. Place frozen buns and patty separately on a sheet pan. Cook for 6 – 15 min.
- **Bosco Stick** – Microwave from Frozen: Place two frozen Bosco sticks in a microwave and heat for 1 min. Oven: Thaw Bosco stick in a refrigerator. Preheat oven to 400F. Place Bosco stick on a sheet pan. Cook for 6-8 min. Let stand 2 min before serving.
- **Chicken Nuggets** - Preheat oven to 350F. Please frozen nuggets in a single layer. Cook for 7-10 min.
- **Chicken Strips**- Preheat oven to 425F. Place frozen strips on a baking sheet. Heat for 18-23min. Microwave: arrange frozen strips in a single layer on a microwave safe plate. Heat on High: 1 Strip for 1 ½ - 2minutes; 2 strips for 2 ½ to 3 minutes. ; 3 strips for 3 to 3 ½ minutes. Do not overheat. Let stand 1-2 minutes before serving.
- **Chicken Nuggets** - Preheat oven to 350F. Please frozen nuggets in a single layer. Cook for 7-10 min.
- **Pasta Kit** – In a pot of boiling water, cook pasta for 8-10 minutes. Strain water from pasta.

In a separate saucepan, heat marinara sauce on Medium-High heat for 5minutes. Combine pasta and marinara sauce.

- **Cheese/ Pepperoni Pizza-** Preheat oven to 325F. Place pizza on a baking sheet. Frozen: 13-15min; Thawed: 11-13.
- **Pizza Bites** – Preheat oven to 325F. Place frozen pizza bites on a baking sheet. Bake for 10-12 minutes. Let stand for 1-2minutes before serving.
- **Orange Chicken and Rice-** Place Single layer of chicken on baking sheet. Heat at 400F for 16-20minutes or until golden brown. Place sauce bags in hot water. Do NOT place sauce bag in rapidly boiling water. Combine sauce and chicken prior to servings.
- **Enchiladas-** In a microwaveable safe container, Heat on High for 3 minutes
- **BYO Grilled Cheese-** Heat pan on medium. Place a slice of cheese between 2 slices of bread and cook in a pan until cheese is melted and bread is golden brown.
- **BYO Hot Dog-** In a pot, bring water to a boil. Add hot dog to the boiling water and bring the water to a simmer. Simmer the hot dogs for 5 minutes. Using tongs, take hot dogs out of the water and place in the hot dog buns.

Chef's Special

- **Chorizo Burrito-** Microwave from Frozen: Remove from foil and place frozen burrito in a microwave and heat for 2 min. Oven: Preheat oven to 300F. Place frozen burrito on a sheet pan. Cook for 16 – 23 min.
- **Orange Chicken & Rice Bowl-** Microwave: place microwavable black bowl into microwave and heat on high for 3 minutes.
- **BBQ Chicken-** Microwave: Transfer Chicken into a microwave safe container. Microwave on high for 3-4 minutes.
- **3 Bean Chili-** Transfer chili into a small pot, Heat on Medium-high. Constantly stir and heat for 5 minutes.

- **Cheese Lasagna-** In a microwavable safe container, microwave on high for 3 minutes. Let lasagna stand for 1-2 minutes before serving.

Meal Storage Instructions

- All foods require to keep in a refrigerator or freezer need to be kept at a temperature of 41°F or below.
- All reheated foods must reach an internal temperature of 165°F or above.
- Shelf-stable items should be stored at a temperature of 85°F or below.
- All fresh milk: Refrigeration required. Consume by the “Best By” date located on the product.
- Fresh whole fruit: Refrigeration recommended, but not required.
- Farm fruits and vegetables: Refrigeration recommended. Wash well before use.
- Fresh processed/bagged fruit & vegetables as well as cold fruit cups: Refrigeration required, consume within 5 days or by the “Best By” date if located on the product.
- Consume by the “Best By” date located on the product.
- Cold Sandwiches (e.g. PB&J, Sub Sandwich): Refrigeration required. Consume within 5 days.
- Lunch Items that Require Heating: Store in freezer or refrigerator until ready to heat & consume. Store in the refrigerator no longer than 5 days.

Allergy Disclaimer

During this emergency situation, Santa Clara Unified School District Nutrition Services will be operating under a USDA special waiver for meal distribution. This option does not allow us to identify students by name and therefore we are not able to identify special food allergies.

For more information, visit our web site: <https://scusdnutrition.net>

